

October 2023



September '23							November '23						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2				1	2	3	4
3	4	5	6	7	8	9	5	6	7	8	9	10	11
10	11	12	13	14	15	16	12	13	14	15	16	17	18
17	18	19	20	21	22	23	19	20	21	22	23	24	25
24	25	26	27	28	29	30	26	27	28	29	30		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 PRIDE PARADE GSO	2 10am Saras Covenant 12-3pm Womens hours Lunch Visual Journals	3 10am Yoga 12pm Deli Lunch 1pm Robins nest	4 12pm Golden Corral 1pm Sexual health group	5 11:30 Rockys topic 12pm BBQ with Terri W Coreys mom 1pm Mens group	6 12pm Recovery group	7
8	9 12-3pm Womens hours Lunch Support Group	10 10am LGBTQ group 12pm Genesis Bag lunch	11 10am art time 12pm LATINO LUNCH DAY 1pm GCSTOP harm reduction group	12 11:30 Rockys topic 12pm Mama Cooks 1pm Mens group	13 12pm Recovery group	14
15	16 12-3pm Womens hours Lunch Meditation & Yoga	17 10am Yoga 12pm College Park pasta 1pm Robins nest	18 10am art time 12pm All Saints 1pm Cone health group	19 11:30 Rockys topic 12pm Starmount Lunch 1pm Mens group	20 12pm Recovery group	21
22	23 10am Lees Bible Study Brunch 12-3pm Womens houyrs Lunch Sexual Health group	24 10am LGBTQ group 12pm Ish & friends lunch	25 10am art time 12pm House Lunch 1pm HOUSE MEETING	26 11:30 Rockys topic 12pm House Lunch 1pm Mens group	27 12pm Recovery group	28
29	30 12-3pm Womens hours Lunch Support Group	31 10am Yoga 12pm CUMC Lunch 1pm Robins nests	1	2	3	4
5	6	Notes Higher Ground 210 E Bessemer Ave Greensboro, NC Community Manager Nichol Walters #336-274-5637				