

September 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 House Lunch Men's Group	2 Raid the Fridge SHARE 12 pm	3
4	5 Labor Day THP Closed Higher Ground Closed	6 Rocky's Topics 11:30 Lunch with Westover Robin's Nest	7 Chik-Fil-A Day Outside the Lines or Reiki with Barb	8 Mama's Home Cooking GSO Christian Men's Group 1 pm	9 No HG activities SHARE @ THP office Monkey Pox Vaccine Clinic	10
11 Patriot Day	12 HG Breakfast Bar Group TBA Meditation w/ Nichol	13 Rocky's Topics 11:30 Genesis Lunch Visual Journaling	14 Jewish Federation lunch Outside the Lines or Reiki with Barb	15 Starmount Pres. Lunch Men's Group 1 pm	16 Raid the Fridge SHARE 12 pm	17 Constitution Day
18	19 HG Breakfast Bar Massage and Wellness with Deb	20 Rocky's Topics 11:30 The Baptist provide lunch Robin's Nest	21 Wise Words with Warren The Saints serve Lunch Outside the Lines or Reiki with Barb	22 Wingin it with Melinda Men's Group 1 pm	23 Raid the Fridge SHARE 12 pm	24
25 Rosh Hashanah	26 HG Breakfast Bar Meditation w/ Nichol	27 Rocky's Topics Cong. UCC Lunch Visual Journaling	28 King's Court Outside the Lines or Reiki with Barb	29 House Lunch House Meeting	30 Raid the Fridge SHARE 12 pm	
		SHARE: S upport, H ealing, A nonymity, R ecovery, E mpowering			TRIAD HEALTH PROJECT Higher Ground is a program of Triad Health Project.	